

Notes from Conversations between Tesa Silvestre and Bernard Lietaer

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The More Personal & Esoteric Stuff

Tesa Silvestre: What do you see as your life's or soul's purpose?

Bernard Lietaer: I feel called to support the healing of large scale energy systems in order to lessen human suffering as the great shift unfolds. The energy systems I'm interested in encompass much more than just the monetary one. They include things like earth energies systems and their relations with humans, energy interconnections between planets etc. While I have been known publicly to be focused on the currency system for the past 10 years, it is only the tip of the iceberg of the kind of work to which I have devoted my life. I have been working on other energy systems for a much longer time. I have been working on earth energies, for instance, for 20-30 years.

I see my role as contributing to heal these types of energy systems. And the public domain in which I'm doing this is the monetary system. It's important to understand that the money system is only the human application of much larger energy systems. Money happens to be the way that humans have decided to exchange energy among themselves. As such it is a major acupuncture point.

I'm a very typical Aquarian. I am most interested in what happens behind the scenes. I am most comfortable in the mental domain and I translate the emotional through the mental. I have felt like a bit of a misfit on this planet, which often feels to me shockingly primitive. Really, when you look beyond the superficial veneer of our civilization, the type of problems we are still dealing with feels often to me like stone age stuff!

T: Can you say more about your work with earth energies?

B: Well, let's start by explaining what they are. We know that our bodies are not just carbon based. And the meridian system that Chinese medicine talks about is not just the nervous system. The "chi" energy that Chinese medicine tracks and uses is an energy flow of a cosmo-biological nature. It is not electro-

magnetic in nature, but produces electro-magnetic side effects (which makes it possible to now have electronic medical devices that enable us to detect acupuncture points and human meridians, for instance). From that perspective, we are literally microcosms of a wider cosmic energy system. Like all other living entities, planet Earth has also meridian lines that are of a similar cosmo-biological energy nature of the same type of “chi.” The planet has therefore an energy system of the same type (but of course a much bigger scale) as our bodies do. And its energy system is not to be confused with the planet’s electro-magnetic field.

The way that previous civilizations have engaged with these energies is through the use of sacred geometry in their sacred sites. Specific geometrical forms can actually shift the frequency of that energy at a particular place. For example, a circle produces a higher frequency at its center. There is a whole technology there that I have been reconstructing from different traditions (Chinese, German, French, and English). The Mayans also used it. It is really pretty universal. And it was probably the basis of the Atlantian civilization. I have a whole library about sacred geometry in architecture and what it does to our energy system. There is also a geometrical language that is expressed in proportions, which is basically about bringing back to unity something that’s multiple dimensions at the start. The famous “golden mean” proportion is only one of the “words” of 3 different proportion systems. Until now, I have been able to identify about a dozen specific proportions that make up a whole language. Some civilizations have been more systematic and rigorous than others in the use of that language, which we lost in our Western civilization pretty recently, around the 17th century. For instance, dynastic Egypt, the Mayas and the Cistercians have always used that language without any exceptions, so I used them as test cases to decode the meaning of a given proportion. Saint Bernard of Clairvaux, the founder of the Cistercians put it this way: “that the only decoration be proportion.” You can therefore read one of these sacred buildings like a sentence, and derive what its purpose was energetically. That is the way that humans used the earth energies for their own purposes in those earlier times.

Unfortunately, the last folks who did that consciously were the Nazis in the 20s and 30s. I found a letter from Himmler (the founder of the SS, and manager of all the concentration camps) to a certain professor Mueller in Munich about setting up a school for every SS officer to learn about dowsing. It was literally a requirement to become an SS officer to be proficient in dowsing! And all the

concentration camps were located on particular frequency lines (what I call the “red frequency”) that relate directly to human root chakras. I have done a lot of research about this when I was in Germany, and I have a short power point about it if you are interested to see it.

The earth’s energy system is pretty complex, by the way, and I’m still reconstructing some of the components. There are many different levels. One of the better known ones since the 1950s is at the smallest level, with energy lines making up what is called the Hartmann grid. You can just dowse these lines: they are 20 centimeters wide, and can be found every 2 meters. It forms a grid, like a fishnet, and it’s everywhere on the planet. These lines are found 2000 meters deep, and in balloons high up in the sky. This place where I sit on this sofa is where two of those lines intersect. It is the place that I choose to meditate in my apartment because it makes it so much easier to shift the brain waves into coherent alpha and theta waves.

Then, at the intermediate level, there are meridians. It is on that scale that I did most of my personal research. Meridians are 20 to 50 meter-wide energy channels. They are what cathedrals, ancient temples and pre-historical stone circles were invariably built upon. Folks in those times were using the meridian lines for different purposes: (1) to activate the fertility of the land (that was their fertilizer without chemicals); (2) for healing purposes; and (3) for spiritual evolution (e.g. for initiations, for activating the Kundalini). One question that has intrigued many researchers of ancient megalithic societies is how did these people manage to motivate the large number of people necessary to engage in massive projects. For instance, think about what was involved in transporting and cutting the enormous stones of Stonehenge, Avebury or to build Sillbury Hill in Wiltshire. There was no slavery in those early societies, so why would people offer a significant part of their time and work to engage in such extraordinary efforts? Well, what would you not be willing to do to provide food for you and your family, health and spiritual transformation? Here in our Modern society, we tend to use all our energies for material purposes, just to get food and shelter and survive.

There are also bidirectional lines called “synchronic lines” that are about one mile wide; and “rods of power” that can be as wide as 100 miles (two of them cross in Cape Ann).

We humans are actually like connectors. We are connecting the cosmos with the planet. Interestingly, that is the role that traditional China saw for humans. Mature trees play the same role but they are more passive. That's why mature trees are so important. Humans can do this consciously. We can bring in cosmic energy and re-anchor it in the planet and that's what the purpose of ritual is. When you have done a ritual with a group of people in circle, at the center of it, you will have created a center of energy that can actually be dowsed and its frequency corresponds to the frequency of the intention of the people involved.

T: You just talked about the role of ritual in re-anchoring cosmic energies in the planet. How do you define ritual?

B: A ritual is a conscious process that clarifies an intention for what will take place in a specific time period and place. And when we perform a ritual with concentrated attention, we will actually produce an energetic effect. We can change the local energy balance doing that. In the context of earth energies, what can be done is not simply using these energies, we can also feed them. The folks with whom I spent some time and who best figured this stuff out are the Balinese and the Kogi in the Sierra Nevada de Santa Marta, Colombia. The way of using offerings and rituals in Balinese and Kogi life is pretty intact. If you want to have a feeling of what I have been talking about, that is where you can go. Some people at the Tipping Point Network very much understand the power of rituals.

For instance, in every Romanesque church, you have a place where the aura is being amplified: it was the place just in front of the altar. Under that place, there were typically two underground water systems crossing at that exact location. The current of running water creates a particular type of energy flow, which allowed the aura of anyone standing on top of that spot to be amplified. That was the exact place where the priest would stand at the moment of the consecration of the host. It used to be that mass was performed only at sunrise. The priest was always oriented toward the East, and the time of sunrise happens to be the moment when the earth energy is at its strongest.

In Romanesque churches, you also had the place of the dead, usually marked in the floor with a big man sized stone called "la Pierre du Mort". It was the place where the coffin of a death person would be placed for the ritual of the death.

And that location has exactly the opposite effect of the altar location. La Pierre du Mort is at a negative crossing, an energy “hole” if it were. Its purpose was to pull out the energy, and release the remnants of biological energy and spirit out of the body, if there were any still hanging on. The ritual of the death was also the only one in the Roman catholic churches which used to be celebrated with the priest oriented towards the West, the setting sun.

T: Can you say more about your own work with those earth energies?

B: Well, it's not just my work obviously. These earth energies are very large scale planetary systems that require healing for the great shift to occur without losing too much of humanity. The shift will occur in any case. The only question is: will we be losing most of humanity, half or only 2% in that process? To make that transition with less suffering for the larger community, some of those large energy systems need to be taken care of. That is why I have been visiting sacred sites all over the world. I have spent time in a lot of these places, and sometimes I am guided to do some healing work, usually in a ritual form. The healing of earth energies is one domain where I have been busy for 25 years but it is clearly not part of my public persona.

What I'm doing in the monetary domain can be seen at some level as a similar process. We can consciously design the energy content of our money system. Our current monetary design - a monopoly of a centrally issued currency with a positive interest rate - is in fact an extraction device for resources to be channeled from the base to the top. This is consistent with the patriarchal value system (central control and exploitation). Patriarchy goes back some 5000 years, and this type of currency is inherently connected to this value system. All patriarchies have imposed a monopoly of this type of currency. Such a currency system is extreme yang, and because of the monopoly almost nobody can escape its influence, and anything that comes in touch with that will be hugely impacted by it.

We are still using today the latest version of such a system. And we need to shift that. The first thing we need to become aware of the energy content of different monetary systems and create a diversity of currencies with different energy content.

Do you see now what I mean when I say that the monetary system is just one application of a larger process? This is the scale of energy systems we need to create to make the shift while reducing the suffering. The shift will be happening whatever we do. But we can reduce the quantity of suffering that it could generate by providing energetic support systems for as many as possible – whether it is in the subtle domains (earth energies), or the material domain (money systems).

Humans have indeed created money systems in order to more effectively exchange material energy amongst each other. In the long run, Jean-Luc Picard of Star Trek utopia fame may prove right when he claims that “Money does not exist in the twenty-fourth century. The accumulation of wealth is no longer the driving force; we work to better ourselves and humanity.”

However, today we still need some crutches before walking in such a radically new way. I am convinced that during the ongoing transition of the early twenty-first century, the activation of complementary and sustainability compatible currencies offer valuable additions to our social tool-kit. Once we have gotten used to live in a balanced Yin-Yang way, we may be able to afford to throw away the dual currency crutches.

Utopia? Of course. So were the Magna Carta, the American Constitution, the Charter of the United Nations, the Red Cross, Human Rights, or Amnesty International. Any of this will depend ultimately on each of us, on our own capacity to meet our challenges, and our willingness to provide our own gifts to this process. In the domain of utopia, I am trying to follow Willis Harman’s advice: “Because of the interconnectedness of all minds, affirming a plausible positive vision may be about the most sophisticated action any one of us can take.”

I don’t have any illusions that this is something that we can create in this lifetime. Time is a reality too even if it is also an illusion. I’m not saying that you can’t have a few individuals shifts. Quantum leaps happen for individuals but we are dealing with 6 to 10 billion people. Everything that I have been doing is about improving the possibility of this happening for the majority of them. In the meanwhile, I’m focusing on the transition period of the next 10-20 years...

T: On Time.

B: Time has actually been another of those things that I have been fascinated by for a very, very long time. We know that the old (linear) model of time is inappropriate but we haven't yet found a new one to replace it. The Ancient Greeks actually had a much more sophisticated understanding of time than we do today. They had a distinction between two concepts: "chronological time" (*Chronos*) and the "right time" (*Kairos*). This is actually connected with the phenomenon of synchronicity and one of the energy systems that we haven't yet talked about yet is the synchronic lines. And that system is actually an inter-planetary system. That's how life on earth actually evolves... the information containing the lessons from other places where life is evolving are not lost, they are actually transmitted to us as the experiences in this planet is. The most recent book of Erwin Laszlo ("*Science and the Akashic Field*") is one of the first scientific theses that provides evidence for this. Evolution is not by random trial and error like Darwin thinks, and neither does it require a God with a finger controlling step by step what is going to happen. Information flows interconnect everything to everything else...

I personally know that I'm on the right track in my life by tracking on the density of synchronicities at that time. To me, it's a simple way of noticing that something is trying to happen. Cause and effect is coherent with the yang model; while synchronicities are coherent with the yin model. To put it a more poetic way, I call synchronicities the "footprints of the Great Mother"

In one of my conversations with Illya Prigogine (Nobel Prize in Physics who was a colleague of mine when I taught at the university in Belgium), he told me that if you look at things historically, there have been quantum jumps when shifts occur in perception of physical reality. One of the better known ones was the Copernican revolution (when we lost the illusion that we were at the center of the universe). Another one was the Darwinian revolution (when we realized that we were just another link in the web of life). I believe that the major next breakthrough will be about our understanding of time. The sustainability issue is fundamentally a time issue. Once we become aware that what we are doing now is making things impossible for ourselves in a different time dimension, it no longer makes sense to act that way. To me incarnation and re-incarnation is not a linear process, while it is typically still perceived as being linear. I propose that we are right now living lives in both the future and in the past. I see our consciousness as a hand with fingers belonging to different time-space dimensions, one life being one finger. Once we stop believing that we are only

one finger, it just does not make any sense to hurt another of our fingers. It therefore does not make sense for me to do something that undermines life in a different time dimension, not to speak even of hurting life in our own time. From the hand's perspective, cutting off a finger is just crazy. The hand is not just the sum of the fingers. In this metaphor, another level of consciousness becomes available at the hand level.

However, in order to function in today's reality, one needs to not speak about the hand level... people who would try to explicitly live at the hand level are put in mad houses. They are considered as not integrated into today's reality. My friend Stan Grof says that the mad houses are filled with people who have gotten stuck in such a way during a spiritual crisis or awakening.

They are two ways of seeing what is happening to consciousness at death. One is to believe that you continue as an individual and the other is to believe that you dissolve into the Whole. For Eastern folks, heaven is being dissolved back into the Whole. In the West, folks hope to move on as individuals. This brings us right back to the polarities of yin and yang. The yang side is always looking for certainty, distinction and separation. The yin side is totally comfortable with ambiguity. I actually believe that both conceptions are true. We both dissolve and we continue. You know the sayings: "When you come to a bi-furcation, take it"; or "the opposite of a truth is another truth". And that's something that we have a lot of trouble with, particularly as well-trained Westerners.

T: Bernard, do you have something you would call "a spiritual practice?"

B: I do my own little mix. Meditation is part of it. I was initiated into Siddhi yoga meditation when I hitchhiked to India from Belgium when I was 19. It trains you to do strange things that are supposedly not possible, like levitating. However, focusing on siddhis is just another trap for the ego, if you attach importance to it.

I don't have a regular practice though. I may meditate every day for a while, and then not at all for another while. Sometimes, I also decide to do it in a really intensive way. I isolate myself and meditate for 8 to 10 hours a day, or I do a fast for up to 28 days on water only, while meditating. And then I might not do any of it for months. I am afraid I am the kind of person who hates things that are repetitive. That is actually why I wear a beard now, because I hate shaving every

day! Same thing with my professional consulting...once I have solved a particular problem 2 or 3 times, it no longer holds much interest for me.

T: And do you have rituals in your own life?

B: My most frequent and most enjoyable ritual is sharing a good meal with a good friend.